

CARBON POWER & LIGHT, INC.

**POSITION REQUIREMENTS ANALYSIS
Physical, Mental & Environmental**

APPRENTICE LINEMAN

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PHYSICAL REQUIREMENTS				
1. Do the major activities of this position include the following:	Continuously	Frequently	Occasionally	N/A
Sitting			X	
Standing	X			
Walking		X		
Stooping/Bending		X		
Climbing - Stairs - Number			X	
Climbing - Ladders - Distance			X	
Kneeling			X	
Lifting/Carrying (indicate above or below shoulders)				
10 lbs or less			X	
11 to 25 lbs			X	
26 to 50 lbs			X	
More than 50 lbs			X	
Above head?			X	
Alone? Yes No				
With someone else? Yes No				
Reaching				
Above shoulder level			X	
Below shoulder level			X	
Crawling - Distance				X
Call-out overtime Yes No				
Pushing			X	
How much weight? __100__ lbs				
Pulling			X	
How much weight? __150__ lbs				
Use of keyboard/computer			X	
Use of tools		X		
Use of foot controls			X	
Turning valves			X	
<p>If lifting is involved in this position, describe what is lifted:</p> <p align="center">Material (crossarms), wire, reels, pallets.</p> <hr/> <hr/>				
<p>Describe how other equipment or tools are used in this job:</p> <hr/> <hr/> <hr/>				

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PHYSICAL REQUIREMENTS (Continued)

2. Does the job require any of the following: (Check if applicable)

- | | | |
|--|--|---|
| <input checked="" type="checkbox"/> Finger dexterity | <input checked="" type="checkbox"/> Intricate Work | <input checked="" type="checkbox"/> Good Vision |
| <input type="checkbox"/> Good Color Vision | <input checked="" type="checkbox"/> Good Hearing | <input checked="" type="checkbox"/> Speaking |

Explain how the items checked above apply to this position:

Work with fingers a lot, detail work, seeing, and talking is necessary.

MENTAL (COGNITIVE) REQUIREMENTS

Does the job require any of the following:	Yes / No	Describe
Reading	Yes	
Writing	Yes	
Arithmetic	Yes	
Weighing/measuring	Yes	
Analyzing data/reports	Yes	
Conducting research	No	
Implementing recommendations (coordinating persons/resources)	Yes	
Directing/supervising others	No	
Developing plans, procedures, goals, etc.	Yes	
Evaluating performance of others	No	
Creating methodologies for accomplishing a goal	Yes	
Presenting information to others	Yes	
Stress/working under pressure	Yes	

List any other mental requirements which are essential to this position:

Good health, humor, people skills.

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WORKING ENVIRONMENT				
1. Where are the major job activities performed? (check as applicable)	Continuously	Frequently	Occasionally	N/A
Indoors			X	
Outdoors	X			
At a desk			X	
At a work bench			X	
In a car, truck or other equipment			X	
In an office			X	
In a control room			X	
Around office equipment			X	
Around large industrial operating equipment	X			
2. Working conditions (other than normal office environment)				
Dirt/Dust	X			
Fumes	X			
Chemicals		X		
For any of the above 3 items, is a respirator required per OSHA? Yes No				
Extreme heat cold both (circle appropriate choice)				
Vibration			X	
Noise	X			
Poor ventilation			X	
Operate machinery	X			
Electrical risks		X		
Confined areas				X
Working at heights		X		
At what heights? _____ feet				
Driving cars, trucks, forklifts or other equipment		X		
Other (not listed)				
3. List tools and material used, equipment operated, etc. (i.e., vibrating/jarring tools): <u>Bucket, digger, MD6 Tool, tamper, shovel, bolt cutters, wrenches, hammers, hoist.</u>				
4. Describe work in confined spaces that this position is required to perform: <u>N/A</u>				

 Director of Operations
 Completed by

 5/23/2013
 Date